

Welcome to Weston Volleyball Club

Welcome to Weston Volleyball Club, we hope you will enjoy training with us. Please take the time to read this document and file for future reference.

A quick introduction to the committee:

Chairperson - Matt Lyddon

Club Secretary - Latifa Khenissi

Club Treasurer - Dave Gale

Club administrator – Nikki Dew

Head Coach - Silvia Bertie

Safeguarding Officer - Jordan Henley-Smith



As a club we promote inclusiveness and fairness, whilst ensuring we develop our skills to become a competitive club.

Training

We train on

Mondays 6:00pm to 7:45pm Women's team training at Winterstoke Hundred sport centre BS24 8EE.

Monday 7:45pm to 9:30 pm Men's team training at Winterstoke Hundred sport centre BS24 8EE.

Note due to venue access, training will **not** be available for the below dates, although alternate options are being researched

- 12 and 19 October; 2 and 9 November; 21 and 28 December; 1 and 8 February; 29 March at Winterstoke
- Training at Winterstoke last session of the season is 26 April

New Club Members

First time club members are invited to join from the first Monday in the month for a free trial. After which please arrange payments accordingly. If you are unsure which training to attend, please reach out to a committee member on Spond for guidance.

Registration

All Club members are asked to complete the [registration form](#)

Communications

Our main way to communicate to club members outside of training is via Spond which is a free app. If you or your parent/guardian have not joined Spond, please do so via this link <https://groups.spond.com/OJUMI>. Once registered a committee member will accept your access to our group.

Payments

The indoor sessions start from 7 September 2026 and will end at the end of April 2027.

Payments will be made via Spond costing **£8.00/per session**

Additionally, there is an annual Payment of **£45** at the start of the season to be made payable via bank transfer to:

Name: **Weston Volleyball Club**

Sort code: **40-17-50**

Account: **51543660**

B&D League

The Bristol and District Volleyball league is a local social league in Bristol, offering Men's, Women's and Mixed divisions. All matches are played in Bristol and arranged by the B&D league, normally occurring on a Saturday morning or afternoon. At each *event* a team will normally play two matches, each match being best of two sets and we will be required to referee a third match. Roughly a match will take around 1.5 hours each, including warmup and an *event* occurs around once every three weeks per division.

A mixed team must consist of a maximum of 3 men and at least 3 wild cards on court. This would be at least 2 women on court and either 1 additional woman or 1 man under the age of 17 on 31 August or 1 man over 55 by 31 August.

Team entries

- 1 X Women's team Div 2 – To develop up and coming players with support from the experienced players
- 1 X Men's team Div 2 – To develop up and coming players with support from the experienced players
- 1 X Mixed Div 1 – For experienced players

B&D league and Weston Volleyball Club apply rules regarding gender in accordance with Volleyball England (VE). In summary: Volleyball is a gender-affected sport and therefore male sex at birth and female sex at birth who have commenced testosterone hormone treatment are not permitted to play for the women's team and as such are not permitted to train with the women's team. For questions on this matter please engage with a committee member.

Close out

Last season the women's team won the B&D first division undefeated, men's team came second and the mixed team was used as an opportunity for new starts to build match experience. We are hopeful to build on the success of our club this season.